

12 Steps to Serenity

Talk-bits

Steps #6 & 7: Repentance

We're ready to have God remove all our defects of character and we humbly ask him to remove our shortcomings.

(Note: Read this daily.)

Sunday, February 12

Psalm 51:1-2

Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. wash away all my iniquity and cleanse me from my sin.

Talk-bit: Have you specifically asked God to remove your sins? If not, what is holding you back from doing this?

Prayer: Use Psalm 51:1-2 as your prayer.

Monday, February 13

Psalm 37:4-5

Take delight in the LORD, and he will give you the desires of your heart. Commit your way to the LORD; trust in him and he will do this:

Talk-bit: Do you trust the Lord to remove your sins? How can you commit your ways to the Lord?

Prayer: Lord, give me the power to do my part in repentance by helping me commit my ways to you.

Tuesday, February 14

(Don't forget to read "Step #6&7" at the top of the page each day.)

James 4:10

"Humble yourselves before the Lord, and he will lift you up.

Talk-bit: Repentance requires humility. Is there any pride in your life? What must you do to set aside that pride to allow God to work in you?

Prayer: Loving God, give me a humble heart. Remove the pride within me that keeps me in my sin.

Wednesday, February 15

James 1:6

But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind.

Talk-bit: Doubt makes it impossible to trust and surrender. Do you have any doubts that God can remove your shortcomings? If so what do you need to do to overcome these doubts?

Prayer: God, remove my doubts so that I may fully trust that you are able to change my life.

Thursday, February 16

Psalm 25:8-9

Good and upright is the LORD; therefore he instructs sinners in his ways. He guides the humble in what is right and teaches them his way.

Talk-bit: Part of repentance is knowing God's ways. List the specific tools God has used to guide you and teach you in His ways. (e.g. Bible, books, people, classes, etc.)?

Prayer: Thank you, God, for the many ways that you use to guide me and teach me in your ways.

Friday, February 17

Philippians 4:6

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Talk-bit: Prayer is an important part of repentance. Are your prayers specific or general, honest or insincere, humble or demanding? What steps can you take to improve your prayer life?

Prayer: Lord, thank you for the gift of prayer. Help me to improve my communication with you through prayer.

Saturday, February 11

Matthew 4:17

From that time on Jesus began to preach, "Repent, for the kingdom of heaven has come near."

Talk-bit: In what ways have you witnessed the kingdom of heaven coming near to you?

Prayer: Glorious King, may your kingdom come in my life, in my family, in my community and in the world.